



How to Choose the Proper Class

All-Star Teams:

We have four all-star teams for ages 18 and under. Being a member of an all-star team requires more time, but has so many benefits! Each team practices 1-3 hours per week and attends 3 competitions yearly. Auditions are required to join an all-star team.

Ages 3-7:

All classes are 3/4 hour – 1 hour in length geared toward early childhood education in the performing arts. Children develop basic skills in dance, movement, and music while having fun. The wonder of dance is explored within the gentle discipline of a positive classroom environment. Age appropriate class work begins the foundation of dance skills, inspiration, and self expression in the very young dancer.

Age 8-12:

A program designed for the student who is mature enough to begin more sound foundational technique in a one hour long class. Students may or may not have had previous dance training. Focus is on the execution of skills necessary to move the student forward technically and artistically. This is a program which has a good balance between focus on class work and the joy of learning to dance.

Classical Ballet

Ballet is for everyone! Classical dance is popular the world over and is the basis for all good dancing in every style. It may be studied for personal enjoyment, discipline, or perhaps toward the fulfillment of a lifelong dream. The syllabus is based on a progression of exercises from the barre to the center, preparing the body and mind for technique that develops good placement, proper breathing, coordination, strength, grace, and musicality.

Hip Hop

You won't be able to stand still after learning the latest popular dance moves! Come and have loads of fun while learning great new steps! This style of dance focuses on rhythm and fluidity.

Jazz

Jazz dance is what's happening! If you love popular music and energetic movement, then jazz dance is for you. All styles of classical and contemporary dance meld together forming the variety of jazz dance styles enjoyed by both dancers and audiences today. It is a fun and fabulous way to express one's personality and exuberance through dance.

Tap

Tap dancing is one of the most entertaining, lighthearted and classic of all the dance styles that have permeated the theatrical dance world for the entire century. Tap dance is a musical art form and a fun-filled way to develop rhythm, co-ordination and balance that will be a complement to all other dance styles. It is a joy to tap dance! Come and have some fun-and get a great workout as well!

Tap-Jazz Combo

Dancers will learn the basics of Tap and Jazz dancing, focusing on terminology and solid technique. As they progress, students will learn combinations and fun routines set to popular music.

Lyrical

A fusion of Ballet and Jazz. It is the art of telling a story through strong, yet graceful and fluid movement.

Contemporary

A fusion of modern, lyrical, and creative abstract movement.